

Caregivers Are Amazing

Caregivers, thank you for the important work you do every day. November is National Caregivers Month, and we're celebrating you by sharing some facts about how you and fellow caregivers support your loved ones.



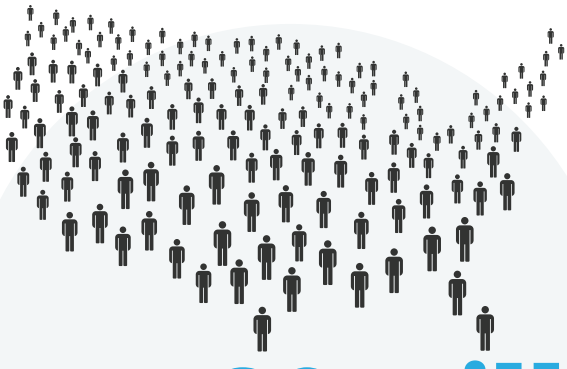
40.4 million
people provide unpaid care
for an adult age 65+.

(Pew Research Center)



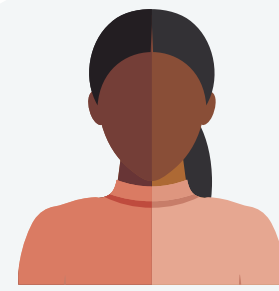
Family caregivers provide
37 billion hours
of care each year.

(AARP, Valuing the Invaluable)



About 20 million
Americans became
caregivers last year.

(Age Wave 2017)



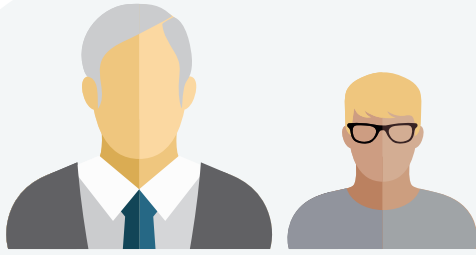
66% of family caregivers
are women.

(Family Caregiver Alliance, 2015)



10% of
caregivers
are age 75+.

(Caregiving in the U.S., 2015)



47% of adults
ages 40-59 are simultaneously
caring for aging parents
and raising children.

("The Sandwich Generation," Pew Research Center)



The average time caregivers
spend providing care:
24.4 hours/week

(Caregiving in the U.S., 2015)



91% of
caregivers
are grateful for the
opportunity to
help a loved one.

(The Journey of Caregiving, Merrill Lynch)



91% of dementia
caregivers
say it's made them think
about their own future
potential care needs.

(National Poll on Healthy Aging, 2017)

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